



YOGA



Yoga for kids: from 4^a a 6^o graders, on Monday from 16h a 17h. (1 session a week)

60 minutes

Yoga for families: for chids aget 4 to the 3^o of primary (2 persons, parent and child) Wednesday from 16 a 17h. (1 session a week)

60 minuteS

Trainer: Laura Thieme