

EXTRA ESCOLARES



2020/2021



JU
DO | BRAINS



brains/
INTERNATIONAL SCHOOLS



JUDO ACADEMY

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Our main goal is to develop core competences in education. We focus on aspects such as social relationships, skills, talents, behaviour, concentration enhancement and self-discipline stimulation.

We'll learn by playing, as having fun is always the main feature in our judo practice.

TIMETABLE AND GROUPS

2 weekly periods of 45 minutes each.

Preparatory and Primary 1:
Monday and Thursday: 12:45 - 13:30 h.

Primary 2-3:
Tuesday and Friday: 12:45 - 13:30 h.

Primary 4, 5 and 6:
Tuesday and Thursday: 13:30 - 14:15 h.

2 weekly periods of 1 hour each.
Secondary:
Monday and Friday: 16:30 - 17:30 h.