

EXTRACURRICULAR ACTIVITIES

Brains La Moraleja



2019/20



JUDO | BRAINS



JUDO ACADEMY

Person in charge: Andrés Rivero
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Our main goal is to develop core competences in education. We focus on aspects such as social relationships, skills, talents, behaviour, concentration enhancement and self-discipline stimulation.

We'll learn by playing, as having fun is always the main feature in our judo practice.

TIMETABLE AND GROUPS



Infants and Primary:

2 weekly periods of 45 minutes each.

Pre-Nursery: 10:00 to 10:30 h.

During free period in the morning.

Nursery / Reception: 10:30 a 11:15 h.

During free period in the morning.

Preparatory: 12:45 a 13:30 h.

Primary 1 - 2: 12:45 a 13:30 h.

Primary 3 - 6: 13:30 a 14:15 h.

Secondary and Baccalaureate:

Monday and Wednesday: 16:30 a 18:00 h.

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