

EXTRA ESCOLARES



2020/2021



JU
DO | BRAINS



JUDO ACADEMY

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Our main goal is to develop core competences in education. We focus on aspects such as social relationships, skills, talents, behaviour, concentration enhancement and self-discipline stimulation.

We'll learn by playing, as having fun is always the main feature in our judo practice.

TIMETABLE AND GROUPS

2 weekly periods of 45 minutes each.
Mondays and Wednesdays during the first playground.

brains/
INTERNATIONAL SCHOOLS

